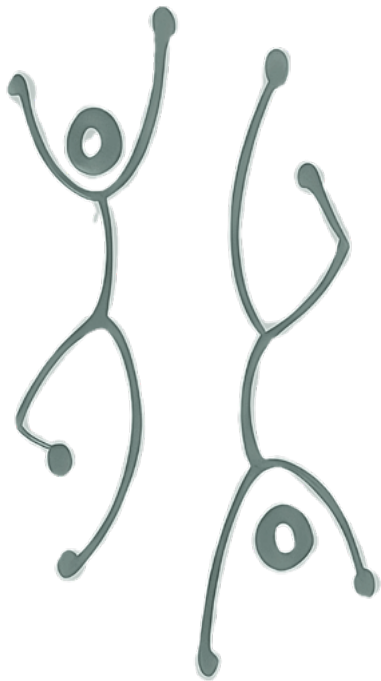


# Upside Down Downside Up



Mon 25.08. - Fri 29.08.2025

## 1. International Summer Group Workshop

The workshop is about group, it is about the challenge to design a future by creating and cooperating within the differences.

Different group approaches, different nationalities of the conductors and the participants, different languages, so it is about differentiation and integration.



### Where?

**Haus Venusberg e.V.**  
Haager Weg 28-30  
53127 Bonn  
Germany  
Tel.: 0228 - 28991 - 0

### Contact for booking Workshop registration 01-05

**Contact for general questions:**  
Frau Silva Geisler  
Tel.: 02632 / 94 67 140  
Mail.: [s.geisler@rhein-eifel-institut.de](mailto:s.geisler@rhein-eifel-institut.de)

**Booking:** [www.summer-group-workshop.de](http://www.summer-group-workshop.de)

### Workshop fee & Payment

Early Bird Ticket for 5 Days until 28.02.2025	599,00€
Regular Ticket for 5 Days from 01.03.2025	720,00€

In cooperation with  
German Psychotherapists Network DPNW  
The Rhein-Eifel Institute, Andernach



For further information visit  
[www.summer-group-workshop.de](http://www.summer-group-workshop.de)

## Lecturers Introductions

### LIC. Jorge Paz

is a psychologist who lives between Barcelona and Buenos Aires. After completing his studies in both acting and psychology in Argentina, he validated his degree in Spain and complemented the practice of psychology with his work as a professional actor, combining both by working with psychodrama, teaching and his Hospital practice and private clinic with groups, couples, families or individual therapies. (Spanish and English fluently, communicational skills in French, Italian and Portuguese).



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[jorgepaz.hijo@gmail.com](mailto:jorgepaz.hijo@gmail.com)

### Dr. Enrico Reo

Psychologist-Psychotherapist (Ph.D.), Groupanalyst and Theatre of Oppressed Director; Psychotherapist, Groupanalyst and Supervisor of the Clinic "Oasi San Giacomo" (Verona), for treatment of young addicted persons; former member of IAGP Board of Directors; former member of the IFSI/FIIS Board of directors; Board member of "Zolla", association for social innovation in the treatment of the social consequences Covid-19; Former professional basketball player.



Contact:  
[reoenrico0@gmail.com](mailto:reoenrico0@gmail.com)

## Target group

- ➔ Psychological psychotherapist
- ➔ Medical psychotherapist
- ➔ Psychoanalyst
- ➔ Group analyst
- ➔ Specialist in psychotherapy or psychosomatic medicine
- ➔ Group therapist
- ➔ Child and adolescent psychotherapist
- ➔ Psychotherapist in training

# Workshops Descriptions

## 01 The world of dreams

**Dr. Tamara Anbeh, Bonn, Germany (English/German)**

I would like to invite you to develop a deeper understanding of dreams together. The dream as the "royal road to the subconscious". The aim is to show ways of working with dreams individually, psychotherapeutically and in a supervisory capacity. The used technique will be group work, associations, possibilities of interpretation and representation of dreams (personal dreams, patient dreams, thera-

pist dreams, dreams in extreme situations, initial dreams, etc.). Dream types, dreams in history, art and cultures are included. Also the meaning, function and handling of dreams according to Freud, Jung, Hobson and others. The intention is to become aware of the meaningfulness of this world again or anew and to use it as an opportunity for insight for oneself and in contact with others.

## 02 Coping with Ambiguous Loss and Frozen Grief

**Galit Itzhaki Draizin, Tel Aviv, Israel (English)**

The workshop for coping with Ambiguous loss, Frozen grief, and Reanimation of life among families of missing and abducted persons and the community. The workshop will focus on understanding ambiguous loss, dealing with frozen grief, and developing tools for reanimation of life. Using psychodramatic techniques, to express and

process emotions, group discussions and joint exercises to strengthen mutual support. The vague nerve and the mind-body effect are addressed in creating resilience.

Also using creative tools such as writing, drawing, role-playing and narrative approaches to express emotions and aspirations.

## 03 Sociometry, Psychodrama, and Artistic Techniques

**Enrique Negueruela, Palencia, Spain (English)**

This workshop combines sociometry, psychodrama, and artistic techniques to explore emotional and relational dynamics in a group. Participants will engage in sociometric mapping to understand group connections. Psycho-

dramatic exercises help process conflicts through action. Artistic expression deepens emotional insight and offers practical tools for growth. The approach fosters new perspectives for personal and collective understanding.

## 04 Theatre of Spontaneity and Psychodrama

**LIC. Jorge Paz, Buenos Aires, Argentina (English)**

The Theatre of Spontaneity is the origin of what Jacobo L. Moreno later developed until it reached the Psychodrama itself. In both approaches there are three classic moments: 1- Warming up; 2-Psychodramatic moment; 3- Sharing. We will use psychodramatic techniques to express and process emotions.

Participants will have the opportunity to experience in a hands-on way what is related to the use of psychodramatic techniques (like doubling, role exchange, mirroring, soliloquy, etc.) and its powerful impact by using the three dimensions of space to expose intrapsychic conflicts.

## 05 Theatre of Oppressed

**Dr. Enrico Reo, Verona, Italy (English)**

Method: The Theatre of the Oppressed is a form of social theatre created by Augusto Boal in Brazil in the 1960s: the main purpose is to reach a shared reflection on issues related to conflict and the relationship with internal and external objects.

The Theatre of the Oppressed uses theatrical representation to expand, increase and transform intrapersonal, interpersonal and social experience.

Objectives: What we aim for is not so much to give an answer to an apparently unsolvable problem, but rather to discover together the many possible answers and to establish a comparison, an exchange and start asking questions. In this perspective, participants take on multiple roles: actor, spectator, observed, observer, active, passive, with the possibility of experiencing multiple perspectives on the external world and the internal world.

## Social Dreaming Matrix

The Social Dreaming Matrix, developed by G. Lawrence, is a method where participants share and associate dreams in a social setting, focusing on the dreams rather than the dreamers.

It aims to uncover collective insights and creativity by exploring the social dimensions of dreams. In a world upsidedown and downsideup, where the Ego and the Self are looking at each other without recognizing each other, what a better way to explore it from the unconscious prospective.

## Facing Ambiguous Loss by Galit Itzhaki Draizin: Unique Challenges for Therapists

This lecture explores the unique challenges therapists encounter when working with families experiencing ambiguous loss and absence-presence. We will delve into the evolving therapeutic landscape, integrating new concepts and approaches into clinical practice. Special attention will be given to the emotional and psychological impacts on families and therapists.

# Lecturers Introductions

## Dr. rer. medic. Dipl.-Psych. Tamara Anbeh

Psychological psychotherapist (PhD), depth psychology and analytical psychotherapy. Psychoanalyst with practice in Bonn, Germany.



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praxis@anbeh.de

Training, supervisor, lecturer in depth psychology and analytical psychotherapy for individual and groups at different psychotherapeutic institutes in Germany, member of D3G (since 2007) and IAGP (since 2011) Publication of group psychotherapy in scientific journals and books. Main focus: Group psychotherapy, dreams, psychosomatics, psychological aspects of intensive care units.

## Galit Itzhaki Draizin

Social worker, Jungian psychotherapist, and Criminal profiler, specializes in the field of missing people and their families. Galit manages "Safe Harbor" and trains therapists on the subject, at Tel Aviv-Jaffa Academy and the 'Mifrasim' Institute for Psychotherapy.



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She has extensive experience working with families dealing with loss and trauma. Galit will share her knowledge and experience about coping with these unique challenges.

## Dr. Enrique Negueruela MD

Psychiatrist and psychotherapist with over 25 years of experience, specializing in mental health care with severely ill patients and personality disorders. He is the Psychiatry Day Hospital Coordinator at San Telmo's Hospital (Palencia - Spain), focusing on psychodrama and group psychotherapy.



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Dr. Negueruela is trained in Integrative Psychotherapy, EMDR, and mediation. He is an active member of the Spanish Psychodrama Association (AEP).